



## Ahmad Ali Noorbala Tafti

Contact Information

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Academic Rank

Professor

School

Medicine

Psychiatric

Hospital

Roozbeh Hospital

Research Center

Psychiatry and Psychology Research Center

### Education

1. **MD, Tehran Medical Sciences, 1980**, Thesis Title: The Emotional and Nutritional Relationship between Child and Mother
2. **MD, Tehran Medical Sciences, 1987**, Thesis Title :Fear and Sadness in the Islamic Culture

### Awards & Honors

**Distinguished Professor, 16th Festival of Jihad Daneshgahi for Exemplary Professors by the Academic Center for Education, Culture and Research, 2018,**

**Selected head of center in Fourth Festival of self-care and patient education, 2019,**

**Selected book author in Fourth Festival of self-care and patient education)2019,  
RAZI Award (National) (Second Rank) for Research in Health and Nutrition Sciences,  
Tehran, Iran , 2000,**

**Presidential Award for Service (Second Rank), Tehran, Iran 2004,**

**Henry Davison's Award (International) for the Well-Functioning of Iranian Red Crescent  
Society, Seoul, South Korea 2005,**

**Distinguished Professor, 16th Festival of Jihad Daneshgahi for Exemplary Professors by  
the Academic Center for Education, Culture and Research 2018,**

**Selected Member by the Health & Nutrition Branch of the Academy of Medical Sciences  
of Islamic Republic of Iran 2016,**

**Nationally Distinguished Physician, Medical Council of Islamic Republic of Iran, 2016**

## **Experiences**

- 1. Secretary of National Psychiatry Board Examination, Tehran, Iran (since August 2015)**
- 2. Member of Senate, Roozbeh Hospital, Tehran University of Medical Science, Iran (since 2012)**
- 3. Secretary of the Committee of Decision Making, Examination Board, and Evaluation of Psychiatry, Ministry of Health and Medical Education, Iran (since 2011)**
- 4. Member of Senate, Shahid Sadoughi University, Yazd, Iran (1991-2000) 7. Member of Senate, Tehran Medical Science University, Tehran, Iran (since 1998) .**
- 5. Member of Iranian Psychiatric Association (since 1988) 2.Vice President, Iranian Psychiatric Association (1996-1998) 3. Member of Psychiatry and Psychology Research Center, Tehran, Iran (since 2004)**
- 6. President of Iranian Psychosomatic Medicine Association (since April 2016)**
- 7. Member of Research Committee of Iranian Academy of Medical Sciences (since 2012)**
- 8. Member of Health and Nutrition Committees of Iranian Academy of Medical Sciences (since 2011)**
- 9. Member of Board, National Mental Health, Tehran, Iran (since 1988) 9. Member of Examination Board of Psychiatry, Tehran, Iran (since 1990)**
- 10. Member of Infertility and Reproductive Health Research Center, Tehran, Iran (since 2002) 5. Member of Senate, Shahed University, Tehran, Iran (since 1998)**

## **Persian Books**

- 1. Development History of Psychosomatic Medicine in the Word and Iran. Publisher: . Teimurzadeh Publication, 2018, Original**
- 2. Psychosocial Supports in Disasters Publisher: Teimurzadeh, 2019, Original 3. Psychosocial Supports in Disasters. Publisher: Teimurzadeh Publication, 2020, Second edition, Original**
- 4. Fundamentals of Psychoneuroimmunology , Publisher: Tehran Medical Sciences University Publications, , 2020, Second edition, Original**
- 5. Cultural Narcissism and Ethnic Failure. Authors: 14 Noorbala A. A. Publisher: Teimurzadeh Publication, , 2020, Original**
- 6. Generalization of Mental Health, Stress & Anger Management Skills, 2018, Tehran. Iran Authors: Noorbala A.A, Alipour A. Poursharifi H.Original**

7. **Translation of Mental Health GAP Intervention for mental neurological and substance use disorders in non-specialized health setting . Ministry of Health and Medical Education. 2016. Tehran, Iran, Noorbala A.A, Hajebi, A., Bagheri Yazdi S.A., Bolhari J**Original
8. **From tension to relaxation Nasle now andish Publication, 2013. Tehran, Iran** Authors: Sharafi Elham, Amohammad Shirazi M. Noorbala A.A, Original
9. **Public Supervision in Psychological Viewpoint , Public Supervision Center of Tehran Municipality, 2010, Tehran, Iran.** Authors: Noorbala A.A, Alipour A, Roshan, R, Original
10. **Fundamentals of Psychoneuroimmunology , Tehran Medical Sciences University Publications 2004, Tehran, Iran** Authors: Alipour A. and Noorbala A.A,Original
11. **A View of Mental Health in Iran, 2001, Tehran, Iran.** Authors: Noorbala A.A, Mohammad K, Bagheri Yazdi S.A and Yasamy M.T,Original
12. **chapter Psychosocial Disturbances in Asthma page 560-582 in Asthma Basic& Clinical Sciences by Mostafa Moin & Others Second Edition. 2016, University Publication Center, Tehran, Iran.** Authors: Noorbala A.A. Original
13. **Health disease assessment in Iran. Tehran: Ministry of Health and Education and National Research Center. 2001.** Authors: Noorbala AA, Mohammad KOriginal
14. **Psychology of Captivity and its Psychiatric Complications, Shahed University Publications.** Authors: Noorbala A.A and Narimani M, Original
15. **chapter Spirituality and Health Page2356- 2375 in Textbook of Public Health, Volume 32356-2375, Third Edition: Hossein Hatami et al, Arjmand Publication, 2013** Authors: Noorbala A.A. Original
16. **chapter Introducing the Iranian Red Crescent Society Page144-162 in Textbook of Public Health, Volume 1, Third Edition: Hossein Hatami et al, Arjmand Publication, 20013** Authors: Noorbala A.A. Original
17. **Chapter Psychiatric Disorders in Chronic Kidney Diseases page 471-494 in Chronic Kidney Disease and its New Findings , a group of nephrology faculties, Tehran University of Medical Sciences, 2012.** Authors: Noorbala A.A. Original
18. **chapter Epidemiology of Psychiatric disorders in Iran , page 77-90 in: Iranian Text Book of Clinical Psychiatry and Behavioral Sciences for Medical Students Supervision by Ghalabandi Mirfarhad, Arjmand Publication, 2012, Tehran, Iran.** Authors: Noorbala A.A. Original
19. **Chapter Mental Manifestation page 323-341 in Systematic Lupus Erythematosus , Akbarian M, Rostamian A, Tehran University of Medical Sciences, 2011.** Authors: Noorbala A.A. Original
20. **Chapter Mood Disorders , page 97-127 in: Iranian Text Book of Psychiatry for Medical Students Supervision by Mohammadi Reza, Tehran Medical Sciences University Publications 2009, Tehran, Iran.** Authors: Noorbala A.A. Original
21. **Supervision and Chapter of PTSD as easy and difficult Disorder , Page II-X, in: Guideline of Post-Traumatic Stress Disorder, Theory & Practice Book, Mirzayi J, Karami Gh. 2007 Summer, Janbazan Research Center of Engineering & Medical Science, Tehran, Iran.** Authors: Noorbala A.A.Original
22. **Chapter of Depression , Page 265-279, in: Epidemiology and Control of Common Disorders in Iran Book, Azizi Fereidoun, Janghorbani M, Hatami H. 2004 Winter, Second Edition, Khosravi Institute Publication, Tehran, Iran.** Authors: Noorbala A.A. Original

23. **From tension to relaxation.** Authors: Sharafi Elham, Amohammad Shirazi M. Noorbala A.A Original
24. **Noorbala A.A. Chapter of Psychosocial Aspect of Asthma , page 511-529 in: Asthma, Basic And Clinical Sciences Book, Moin Mostafa & others. 2003, University Publication Center, Tehran, Iran.** Authors: Noorbala A.A. Original
25. **Chapters of Depressive Disorder , Page 310-324, & Other Mental Disorders , page 325-339, in: Epidemiology and Control of Common Disorders in Iran Book, Azizi Fereidoun, Janghorbani M, Hatami H. 2010, Third Edition, Khosravi Institute Publication, Tehran.** Authors: Noorbala A.A. Original

## English Papers

1. **A Study of the Middle East Countries for the Period 2000- 2017.**  
Journal of Medical Council of Iran,
2. **Prevalence of psychiatric disorders in Iran: A systematic review and meta-analysis.**  
International Journal of Preventive Medicine, Year. 2020,
3. **Development and validation of an inventory to measure stressful events: Findings from a population-based survey.** Medical Journal of The Islamic Republic of Iran (MJIRI, Year. 2020,
4. **Common herbal treatments for senile dementia in ancient civilizations: Greco-Roman, Chinese, Indian, and Iranian.** Journal of Medicinal Plants, Year. 2020,
5. **Association between Illness Perception and Emotional Status in Iranian Patients after Heart Transplantation.** J Tehran Heart Cent. J Tehran Heart Cent, Year. 2020,
6. **A double-blind, randomized pilot study for comparison of Melissa officinalis L. and Lavandula angustifolia Mill. with Fluoxetine for the treatment of depression.** BMC Complement Med Ther. BMC Complement Med Ther, Year. 2020,
7. **Effect of probiotic and prebiotic versus placebo on appetite in patients with major depressive disorder: post hoc analysis of a randomized clinical trial.** J Hum Nutr Diet, Year. 2020,
8. **Vortioxetine effects on quality of life of irritable bowel syndrome patients: A randomized, double-blind, placebo-controlled trial.** J Clin Pharm Ther, Year. 2020,
9. **Vortioxetine effects on quality of life of irritable bowel syndrome patients: A randomized, double-blind, placebo-controlled trial.** J Clin Pharm Ther, Year. 2020,
10. **Therapeutic effects of saffron (Crocus sativus) versus fluoxetine on Irritable Bowel Syndrome: A double-blind randomized clinical trial.** Advances in Integrative Medicine, Year. 2019,
11. **Effect of prebiotic and probiotic supplementation on circulating pro-inflammatory cytokines and urinary cortisol levels in patients with major depressive disorder: A double-blind, placebo-controlled randomized clinical trial.** Journal of Functional Foods, Year. 2019,
12. **I am hiv-positive, but i am a human being: Qualitative study on experiences of stigma in health care centres in the islamic republic of iran | [Je suis séropositif, mais je suis un être humain: étude qualitative sur les expériences de stigmatisation dans l.** Eastern Mediterranean Health Journal, Year. 2019,
13. **I am HIV-positive, but i am a human being: Qualitative study on experiences of stigma in health care centres in the islamic republic of iran | [Je suis séropositif, mais je suis un être humain: étude qualitative sur les expériences de stigmatisation dans l.** Eastern Mediterranean Health Journal, Year. 2019,

14. **Alteration of serum levels of cytokines in schizophrenic patients before and after treatment with risperidone .** Iranian Journal of Allergy, Asthma and Immunology, Year. 2019,
15. **Vortioxetine effects on quality of life of irritable bowel syndrome patients: A randomized, double-blind, placebo-controlled trial.** Journal of Clinical Pharmacy and Therapeutics, Year. 2019,
16. **Effect of probiotic and prebiotic versus placebo on appetite in patients with major depressive disorder: post hoc analysis of a randomised clinical trial.** Journal of Human Nutrition and Dietetics, Year. 2019,
17. **Investigation of the effectiveness of psychiatric interventions on the mental health of pregnant women in Kashan City - Iran: A clinical trial study.** Asian Journal of Psychiatry, Year. 2019,
18. **Stigma and Dissatisfaction of Health Care Personnel in HIV Response in Iran: A Qualitative Study.** Journal of the International Association of Providers of AIDS Care (JIAPAC, Year. 2019,
19. **Effect of probiotic and prebiotic vs. placebo on psychological outcomes in patients with major depressive disorder: A randomized clinical trial.** Clinical Nutrition, Year. 2019,
20. **Bam Earthquake Survivors' Mental Health Status 12 Years after the Earthquake: A Population-Based Study.** ) Archives of Iranian Medicine (AIM, Year. 2019,
21. **The Relationship between Sleep Quality, Depression, and Anxiety in Pregnant Women: A Cohort Study.** . Journal of Sleep Sciences, Year. 2019,
22. **Effect of Psycho-Social Problems on Risky Behaviors in People Living With HIV in Tehran, Iran.** J Family Reprod Health, Year. 2018,
23. **A Psychosocial Stresses and Concerns of People Living in Tehran: A Survey on 6000 Adult Participants.** Iran J Psychiatry, Year. 2018,
24. **Saffron (Crocus sativus) versus duloxetine for treatment of patients with fibromyalgia: A randomized double-blind clinical trial.** Avicenna J Phytomed, Year. 2018,
25. **Stigma and Dissatisfaction of Health Care Personnel in HIV Response in Iran: A Qualitative Study.** Journal of the International Association of Providers of AIDS Care (JIAPAC, Year. 2019,
26. **Effect of probiotic and prebiotic vs placebo on psychological outcomes in patients with major depressive disorder: A randomized clinical trial.** Clinical Nutrition, Year. 2019,
27. **Bam Earthquake Survivors' Mental Health Status 12 Years after the Earthquake: A Population-Based Study.** Archives of Iranian Medicine (AIM, Year. 2019,
28. **Worldwide trends in blood pressure from 1975 to 2015: a pooled analysis of 1479 population-based measurement studies with 19· 1 million participants.** The Lancet, Year. 2018,
29. **Combination of clomipramine and nortriptyline in the treatment of obsessive-compulsive disorder: a double-blind, placebo-controlled study.** Journal of Clinical Pharmacy and Therapeutics, Year. 1998,
30. **Piracetam in the treatment of schizophrenia: implications for the glutamate hypothesis of schizophrenia.** Journal of Clinical Pharmacy and Therapeutics,
31. **survey on the personality and intellectual characteristics of transsexual in Iran ,** Medical Journal of the Iranian hospital in Dubai, Year. 2001,
32. **Prevalence of obsessive-compulsive disorder in Iran.** BMC Psychiatry, Year. 2004,
33. **Mental health survey of the population in Iran,** British Journal of Psychiatry, Year. 2004,

34. **A study of Depression status and its causes in the Iranian POWs** , Medical Journal of the Iranian Red Crescent, Year. 2004
35. **Crocus sativus L. in the treatment of mild to moderate depression: A double-blind, randomized and placebo controlled trial.** Phytotherapy Research, Year. 2005,
36. **Hydro-alcoholic extract of Crocus sativus L. versus fluoxetine in the treatment of mild to moderate depression, A double-blind, randomized pilot trial.** Ethnopharmacology, Year. 2005,
37. **Suicidal attempt and psychiatric disorder in Iran** , Suicide and Life-Threatening Behavior, Year. 2005,
38. **An epidemiological survey of psychiatric disorders in Iran,** Clinical Practice and Epidemiology in Mental Health, Year. 2005,
39. **Rate of hepatitis B seropositivity following mass vaccination in the Islamic Republic of Iran.** East Mediterr Health J, Year. 2005,
40. **Comparison of petal of Crocus sativus L. and fluoxetine in the treatment of depressed outpatients: A pilot double-blind randomized trial.** Progress in Neuropsychopharmacology and Biological Psychiatry, Year. 2006,
41. **Prevalence of Mood Disorders in Iran .** Iranian Journal of Psychiatry, Year. 2006,
42. **Crocus sativus L. (petal) in the treatment of mild-to-moderate depression: a double-blind, randomized and placebo-controlled trial .** Phytomedicine, Year. 2006,
43. **Attention-deficit/hyperactivity disorder: etiology and pharmacotherapy.** Arch Iran Med, Year. 2006,
44. **Study Of Psychiatric Disorders Among Fertile And Infertile Women And Some Predisposing Factors .** Journal of Family And Reproductive Health, Year. 2007,
45. **Study Of Personality Disorders Among Fertile And Infertile Women And Some Predisposing Factors .**Journal Of Family And Reproductive Health, Year. 2007,
46. **Efficacy of selegiline add on therapy to risperidone in the treatment of the negative symptoms of schizophrenia: a double-blind randomized placebo-controlled study** Hum Psychopharmacol, Year. 2008,
47. **Mental disorder assessed by General Health Questionnaire and back pain among postmenopausal Iranian women** Pak J Biol Sci. , Year. 2008,
48. **A placebo controlled study of the propentofylline added to risperidone in chronic schizophrenia** Prog Neuropsychopharmacol Biol Psychiatry, Year. 2008,
49. **Effects of a psychological intervention on depression in infertile couples.** Int J Gynaecol Obstet, Year. 2008,
50. **Prevalence of Psychiatric Disorders and Types of Personality in Fertile and Infertile Woman.** J Reprod Infertile, Year. 2008,
51. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Kerman, Iran.** Archives of Iranian Medicine. , Year. 2017,
52. **Trends in change of mental health status in the population of Tehran between 1998 and 2007.** Arch Iran Med, Year. 2012,
53. **A survey on mental health status of adult population aged 15 and above in the province of Isfahan, Iran** Archives of Iranian Medicine. , Year. 2017,
54. **Understanding determinants of socioeconomic inequality in mental health in Iran's capital, Tehran: a concentration index decomposition approach.** Int J Equity Health, Year. 2012,

55. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Hormozgan, Iran.** Archives of Iranian Medicine. , Year. 2017,
56. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Ilam, Iran**Archives of Iranian Medicine. , Year. 2017,
57. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Hamadan, Iran.** Archives of Iranian Medicine, Year. 2017,
- 58.**A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Golestan, Iran** Archives of Iranian Medicine. , Year. 2017,
59. **Epidemiology of major depressive disorder in Iran: a systematic review and meta-analysis** .Int J Prev Med, Year. 2010,
60. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Gilan, Iran.** Archives of Iranian Medicine, Year. 2017,
61. **Psychiatric Intervention Improved Pregnancy Rates in Infertile Couples.** Malaysian J Med Sci, Year. 2010,
62. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Fars, Iran.** Archives of Iranian Medicine. , Year. 2017,
63. **A Double-blind, Randomized and Placebo-Controlled Trial of Buspirone Added to Risperidone in Patients with Chronic Schizophrenia.** Journal of clinical Psychopharmacology, Year. 2010,
64. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of East Azerbaijan, Iran.** Archives of Iranian Medicine, Year. 2017,
65. **The organization and Management of Medical Services to Injured Soldiers across the Country and in the Battlefields during the Iran-Iraq War.** Archives of Iranian Medicine. , Year. 2010,
66. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Chaharmahal and Bakhtiari, Iran.** Archives of Iranian Medicine. , Year. 2017,
67. **Psychological Dimensions in Patients admitted in Imam Khomeini General Hospital in Tehran.** Iran J Psychiatry, Year. 2010,
68. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Bushehr, Iran.** Archives of Iranian Medicine, Year. 2017,
69. **The relationship between spiritual intelligence and students' attachment styles.** Medical Ethics, Year. 2010,
70. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Alborz, Iran.** Archives of Iranian Medicine. , Year. 2017,
71. **Emotional adjustment in infertile couples** . Iranian Journal of Reproductive Medicine, Year. 2009,
72. **Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Ardebil, Iran.** Archives of Iranian Medicine. , Year. 2017,
- 73.**Case-management for patients with schizophrenia in Iran: a comparative study of the clinical outcomes of Mental Health Workers and Consumers' Family Members as case managers.** Community Ment Health J, Year. 2009,
74. **Trends of Mental Health Status in Iranian Population Aged 15 and above between 1999 and 2015.** Archives of Iranian Medicine. , Year. 2017,
75. **Psychiatric disorders among infertile and fertile women.** Soc Psychiatry Psychiatr Epidemiol, Year. 2009,

76. **Efficacy and safety of celecoxib monotherapy for mild to moderate depression in patients with colorectal cancer: A randomized double-blind, placebo controlled trial.** psychiatry research, Year. 2017,
77. **Strategies to reduce the stigma toward people with mental disorders in Iran: stakeholders' perspectives.** BMC Psychiatry, Year. 2017
78. **Effects of Psychological intervention on Quality of life in infertile Couples.** Journal of Family and Reproductive Health, Year. 2009,
79. **Response to letter to the editor by Professor Tomoyuki Kawada regarding the article Oral health-related quality of life in patients with temporomandibular disorders: A case-control study considering psychological aspects .** International journal of dental hygiene, Year. 2017,
80. **Relationship between palpitation and mental health.** Iran Red Crescent Med J, Year. 2016,
81. **Efficacy and safety of oral ketamine versus diclofenac to alleviate mild to moderate depression in chronic pain patients: A double-blind, randomized, controlled trial.** J Affect Disord, Year. 2016,
82. **Behavioral, normative and control beliefs about earthquake preparedness: A deductive content analysis study.** PLOS Currents Disasters, Year. 2016,
83. **The Theory of Planned Behavior and Disaster Preparedness.** PLOS Currents Disasters, Year. 2016,
84. **Early maladaptive schemas in depression and somatization disorder.** Journal of affective disorders Journal of affective disorders, Year. 2018,
85. **Demographic Determinants of Disaster Preparedness Behaviors Amongst Tehran Inhabitants, Iran,** PLOS Currents Disasters, Year. 2015,
86. **Heart palpitation relief with Melissa officinalis leaf extract: double blind, randomized, placebo controlled trial of efficacy and safety.** J Ethnopharmacol, Year. 2015,
87. **Omega-3 Fatty Acids and Cholesterol Have a Main Role in Antidepressant Diet of Iranian Traditional Medicine** Journal of evidence-based complementary & alternative medicine, Year. 2015,
88. **A Fairly Comprehensive Survey of Chronic Pain in Iranian Population: Prevalence, Risk Factors, and Impact on Daily Life.** Health Scope, Year. 2015,
89. **. Mental health study process into prevalence of mental disorders in Iran.** Archives of Iranian Medicine. , Year. 2015,
90. **A randomized, double-blind, clinical trial comparing the efficacy and safety of Crocus sativus L. with fluoxetine for improving mild to moderate depression in post percutaneous coronary intervention patients ,** Journal of Affective Disorders, Year. 2014,
91. **Early maladaptive schemas in depression and somatization disorder.** Journal of affective disorders. Journal of affective disorders, Year. 2018,
92. **Effect of probiotic and prebiotic vs placebo on psychological outcomes in patients with major depressive disorder: A randomized clinical trial** Clinical Nutrition, Year. 2018,
93. **Psychosocial Stresses and Concerns of People Living in Tehran: A Survey on 6000 Adult Participants.** Iranian Journal of Psychiatry, Year. 2018,
94. **Red Yeast Rice as an Adjunct to Sertraline for Treatment of Depression in Patients with Percutaneous Coronary Intervention: Placebo-Controlled Trial.** Advances in Integrative Medicine, Year. 2018,



95. **Oral health-related quality of life in patients with temporomandibular disorders: A case-control study considering psychological aspects.** International journal of dental hygiene, Year. 2018,
96. **The effect of omega-3 fatty acids on depressive symptoms and inflammatory markers in maintenance hemodialysis patients: a randomized, placebo-controlled clinical trial.** Eur J Clin Pharmacol, Year. 2014,
97. **Bipolar disorder in women with polycystic ovarian syndrome (PCO)**Acta Med Iran, Year. 2014,
98. **Relationship Among HIV-Related Stigma, Mental Health and Quality of life for HIV-Positive Patients in Tehran.** AIDS and Behavior, Year. 2018,
99. **Sertraline decreases serum level of interleukin-6 (IL-6) in hemodialysis patients with depression: results of a randomized double-blind, placebo-controlled clinical trial.** Int Immunopharmacol, Year. 2013,
100. **The Relationship between Sleep Quality, Depression, and Anxiety in Pregnant Women: A Cohort Study.** Journal of Sleep Sciences  
Journal of Sleep Sciences, Year. 2018,
101. **The Effectiveness of Emotional Schema Therapy on the Emotional Schemas and Emotional Regulation in Irritable Bowel Syndrome: Single Subject Design.** Advanced Biomedical Research, Year. 2018,
102. **Effects of a psychoeducation intervention on fear and anxiety about surgery: Randomizedtrial in patients undergoing coronary artery bypass grafting** Psychology, Health &Medicine, Journal, Year. 2013,
103. **The effectiveness of emotional schema therapy on psychological symptoms of patients with irritable Bowel syndrome.** International Journal of Educational and Psychological Researches.International Journal of Educational and Psychological Researches, Year. 2018,
104. **Comparison between Complementary Dietary Treatment of Alz-heimer Disease in Iranian Traditional Medicine and Modern Medicine.** Iran J Public Health, Year. 2013,
105. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Zanjan, Iran**Archives of Iranian Medicine. , Year. 2017,
106. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Zanjan, Iran**Archives of Iranian Medicine. , Year. 2017,
107. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Yazd, Iran.** Archives of Iranian Medicine. , Year. 2017,
108. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of West Azerbaijan, Iran.** Archives of Iranian Medicine. , Year. 2017,
109. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of South Khorasan, Iran.** Archives of Iranian Medicine. , Year. 2017,
110. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Tehran, Iran.** Archives of Iranian Medicine. , Year. 2017,
111. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Sistan and Baluchestan.** Archives of Iranian Medicine. , Year. 2017,
112. **Designing Proper Dishes for Quadriplegic Disables.** Arch Neurosci, Year. 2013,
113. **Effect of Mindfulness Based Stress Reduction on Quality of Life (SF-36) and Spirometry Parameters, in Chemically Pulmonary Injured Veterans.** Iranian J Publ Health, Year. 2013,

114. **Effectiveness of Compassionate Mind Training on Depression, Anxiety, and Self-Criticism in a Group of Iranian Depressed Patients**, Iranian Journal of Psychiatry, Year. 2013,
115. **A survey on mental health status of adult population aged 15 and above in the province of Semnan, Iran.**  
Archives of Iranian Medicine. , Year. 2017,
116. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Razavi Khorasan, Iran.** Archives of Iranian Medicine.  
Archives of Iranian Medicine. , Year. 2017,
117. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Qom, Iran**  
Archives of Iranian Medicine. , Year. 2017,
118. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Qazvin, Iran.**  
Archives of Iranian Medicine. , Year. 2017,
119. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of North Khorasan, Iran.**  
Archives of Iranian Medicine. , Year. 2017,
120. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Mazandaran, Iran** Archives of Iranian Medicine. , Year. 2017,
121. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Markazi, Iran**  
Archives of Iranian Medicine. , Year. 2017,
122. **. A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Lorestan, Iran.**  
Archives of Iranian Medicine. , Year. 2017,
123. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Kordestan, Iran**  
Archives of Iranian Medicine. , Year. 2017,
124. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Khouzestan, Iran.**  
Archives of Iranian Medicine. , Year. 2017,
125. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Kohgiluyeh and Boyer Ahmad, Iran**  
Archives of Iranian Medicine. , Year. 2017,
126. **A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Kermanshah, Iran**  
Archives of Iranian Medicine. , Year. 2017,
127. **Mental Health and Well-Being in Different Levels of Perceived Discrimination**, Iranian J Publ Health, Year. 2012,

## **Farsi**

- 1. Association between Mental Health and Coronary Heart Disease: A Prospective Cohort Study.** J Mazandaran Univ Med Sci, Year. 2019,

2. **Effect of Mental Health, Coping Mechanisms and Stigma on Risky Behaviors in HIV Positive Patients in Iran - a Cross-Sectional Study**  
Razi Journal of Medical Sciences, Year. 2017,
3. **The effectiveness of emotional schema therapy on the severity and frequency of physical symptoms and life quality of patients with irritable bowel syndrome: single-subject design.**  
Daneshvar Medicine, Year. 2016,
4. **Surgery and Psychiatry** , Journal of Daru and Darman, Year. 1992,
5. **Fundamental of psychiatric complication due to war,**  
Nabz journal, Year. 1993,
6. **Confidentiality in psychiatry,** Tebb and Tazkieh Journal, Year. 1994,
7. **Effective factors to successful and unsuccessful remarried martyrs' widowed,** Daneshvar Journal, Year. 1994,
8. **A survey of common prevalent psychiatric disorders among a group of Iranian prisoners of war** , Journal of Faculty of Medicine, Tehran University of Medical Sciences, Year. 1995,
9. **A survey of chronically causes in psychiatric patients in war veterans,** Nabz Journal, Year. 1996,
10. **Survey on prevalence of depression and it's relation to demographic indicators among high school students of Tehran,** Journal of Faculty of Medicine, Tehran University of Medical Sciences, Year. 1996,
11. **A survey of fewer prevalence depression relation to religion beliefs,** Daneshvar Journal, Year. 1997,
12. **Efficacy comparison of group psychotherapy with psychoanalytic and cognitive approach in social adjustment,** Daneshvar Journal, Year. 1997,
13. **Efficacy comparison of group psychotherapy with psychoanalytic and cognitive approach in social adjustment,** Daneshvar Journal, Year. 1997,
14. **Comparison efficacy survey of Clomipramine+ Nortriptyline and Clomipramine+ placebo in the treatment of obsessive compulsive disorders,** Hakim Research Journal, Year. 1997,
15. **Relationship between immune system, stress and psychiatric disorders.** Nabz Journal, Year. 1997,
16. **Comparison efficacy of systematic relaxation and tranquilizer drugs in decrease of stress,** Daneshvar Journal, Year. 1998,
17. **Study of relationship between coping ways and individual differences in Yazd war handicaps.** Daneshvar Journal, Year. 1998,
18. **A study on the relation of coping strategies with personal characteristics and mental health in infertile couples referred to Yazd infertility center**  
Hakim Research Journal, Year. 1999,
19. **Validity and Reliability of Oxford Happiness Questionnaire in students of Universities in Tehran.** Andeesheh va Raftar Journal, Year. 1999,
20. **A research on family characteristics influencing the development of transsexuality in Iran,** Acta Medica Iranica, Year. 2000,
21. **Prevalence of psychiatric disorders in Tehran City.** Hakim Research Journal, Year. 2000,
22. **Summary Report of National Health Survey in Iran in 1999.** Hakim Research Journal, Year. 2000,

23. **comparison of urinary catecholamine levels in war wounded suffering from PTSD and their control.**, Hakim Research Journal, Year. 2000,
24. **Variation of humoral immunity after use of Lithium carbonate.** Journal of Faculty of Medicine, Tehran University of Medical Sciences, Year. 2000,
25. **Happiness and immunology performance.** Journal of Psychology, Year. 2000,
26. **Comparison of psychiatric symptoms in medical and non-medical students of Tehran universities.** Andeesheh va Raftar Journal, Year. 2001,
27. **Study of efficiency of Self-report mania inventory (SRMI) in diagnosis of bipolar disorder manic phase.** Scientific-Research Journal of shahed university (Daneshvar, Year. 2001,
28. **Trend of smoking prevalence in Iran from 1991 to 1999 based on two national health survey .**Hakim Research Journal, Year. 2001,
29. **Study of mental health status of individuals above 15 years of age in Islamic Republic of Iran in the year 1999.** Hakim Research Journal, Year. 2002,
30. **Psychiatric Disorders due to war in Iran.** Military Medical Journal, Year. 2002,
31. **Surveying the frequency of psychiatric symptoms among senior medical and non-medical students of Tehran university.** Andeesheh va Raftar, Year. 2002,
32. **The effects of the strategic Family therapy intervention on marital conflicts.** Journal of psychology , Year. 2003,
33. **An epidemiological study of psychiatric disorders in Iran, 2001** Hakim Research Journal, Year. 2003,
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## **Memberships**

- President of Iranian Psychosomatic Medicine Association (since April 2016)
- Secretary of National Psychiatry Board Examination, Tehran, Iran (since August 2015)
- Member of Research Committee of Iranian Academy of Medical Sciences (since 2012)
- Member of Senate, Roozbeh Hospital, Tehran University of Medical Science, Iran (since 2012)
- Member of Health and Nutrition Committees of Iranian Academy of Medical Sciences (since 2011)
- Secretary of the Committee of Decision Making, Examination Board, and Evaluation of Psychiatry, Ministry of Health and Medical Education, Iran (since 2011)
- Member of Examination Board of Psychiatry, Tehran, Iran (since 1990)
- Member of Board, National Mental Health, Tehran, Iran (since 1988)
- Member of Senate, Tehran Medical Science University, Tehran, Iran (since 1998)
- Member of Senate, Shahid Sadoughi University, Yazd, Iran (1991-2000)
- Member of Senate, Shahed University, Tehran, Iran (since 1998)
- Member of Infertility and Reproductive Health Research Center, Tehran, Iran (since 2002)
- Member of Psychiatry and Psychology Research Center, Tehran, Iran (since 2004)
- Vice President, Iranian Psychiatric Association (1996-1998)
- Member of Iranian Psychiatric Association (since 1988)

## **Research Interests**

1. Psychosomatic Medicine
2. Mood Disorders (MDD, BMD)
3. Anxiety Disorders (OCD, PTSD, Panic Attack)
4. Old Age Psychiatry
5. The relation between Spirituality/Religion and Psychiatry
6. Alternative medicine in Psychiatry
7. Immunology and Psychiatry
8. Epidemiology in Psychiatry
9. Military Psychiatry
10. Gynecology and Psychiatry